



Wednesday, 22 July 2026

CURRENCY	INDICES	BID	ASK	MID RATE	BID RATE ZWG	ASK RATE ZWG	MID RATE ZWG
INTERBANK RATE							
USD		1	1	1.0000	26.0293	27.3641	26.6967
ZAR		16.4551	16.4610	16.45805	0.6013	0.6324	0.6169
GBP	*	1.3379	1.3387	1.33830	34.8246	36.6323	35.7285
JPY		163.1700	163.1900	163.18000	5.9629	6.2694	6.1162
ZMW/ZMK		18.3221	18.3721	18.34710	0.6695	0.7058	0.6877
BWP		0.0695	0.0706	0.07005	1.8090	1.9319	1.8705
CHF		0.8130	0.8131	0.81305	32.0124	33.6581	32.8353
MWK		1717.0200	1750.3200	1,733.67000	62.7471	67.2442	64.9957
AUD	*	0.6996	0.6998	0.69970	18.2100	19.1493	18.6797
SDR	*	1.358660	1.358660	1.35866	36.2717	36.2717	36.2717
MZN/MET		63.3000	64.5700	63.93500	2.3132	2.4806	2.3969
NOK		9.6180	9.6334	9.62570	0.3514	0.3700	0.3607
SEK		9.7048	9.7083	9.70655	0.3546	0.3729	0.3638
CAD	*	1.4104	1.4107	1.41055	0.0515	0.0541	0.0528
EUR	*	1.1406	1.1408	1.14070	29.6890	31.2169	30.4530
CNY		6.7744	6.7751	6.77475	0.2475	0.2602	0.2539
INR		96.4450	96.4550	96.45000	3.5245	3.7056	3.6151
NZD	*	0.5823	0.5825	0.58240	15.1568	15.9395	15.5482
DKK		6.5530	6.5539	6.55345	0.2394	0.2517	0.2456
XAU		4126.2700	4126.7800	4,126.52500	107403.9197	112925.6205	110164.7701
AFN		65.8500	66.0500	65.95000	2.4064	2.5375	2.4720
THB		33.7600	33.7900	33.77500	1.2337	1.2981	1.2659
ETB		159.8000	160.8000	160.30000	5.8397	6.1776	6.0087
SZL		16.4562	16.4591	16.45765	0.6013	0.6323	0.6168
MUR		47.1400	47.4400	47.29000	1.7226	1.8225	1.7726
MYR		4.0930	4.0980	4.09550	0.1495	0.1574	0.1535
LSL		16.4562	16.4591	16.45765	0.6013	0.6323	0.6168
CYP	*	0.3975	0.3980	0.39775	0.0145	0.0152	0.0149
EGP		50.9700	51.0700	51.02000	1.8626	1.9620	1.9123
BRL		5.0745	5.0746	5.07455	0.1854	0.1949	0.1902
TZS		2625.0000	2655.0000	2,640.00000	95.9286	102.0004	98.9645
RUB		78.6000	78.6200	78.61000	2.8723	3.0204	2.9464
KES		129.2000	129.4000	129.30000	4.7215	4.9713	4.8464
DEM		2.2150	2.2175	2.21625	0.0809	0.0851	0.0830
ESP		188.4300	188.6500	188.54000	6.8860	7.2476	7.0668
ITL		2192.8300	2195.3200	2,194.07500	80.1352	84.3403	82.2378
FRF		7.4287	7.4372	7.43295	0.2714	0.2857	0.2786
HKD		7.7495	7.8391	7.79430	0.2831	0.3011	0.2921
ARS		1477.5000	1478.0000	1,477.75000	53.9941	56.7821	55.3881
XAF		575.0500	585.5600	580.30500	21.0147	22.4961	21.7554