



Thursday, July 30, 2026

CURRENCY	INDICES	BID	ASK	MID RATE	BID RATE ZWG	ASK RATE ZWG	MID RATE ZWG
INTERBANK RATE							
USD		1	1	1.0000	26.0142	27.3482	26.6812
ZAR		16.6563	16.6627	16.65950	0.6090	0.6405	0.6248
GBP	*	1.3351	1.3354	1.33525	34.7316	36.5208	35.6262
JPY		163.5100	163.5300	163.52000	5.9788	6.2862	6.1325
ZMW/ZMK		18.6500	18.7000	18.67500	0.6819	0.7188	0.7004
BWP		0.0690	0.0700	0.06950	1.7950	1.9144	1.8547
CHF		0.8154	0.8155	0.81545	31.8997	33.5396	32.7197
MWK		1716.6600	1751.0000	1,733.83000	62.7705	67.3094	65.0400
AUD	*	0.6952	0.6954	0.69530	18.0851	19.0179	18.5515
SDR	*	1.355790	1.355790	1.35579	36.1741	36.1741	36.1741
MZN/MET		63.2500	63.9500	63.60000	2.3128	2.4583	2.3856
NOK		9.5969	9.6008	9.59885	0.3509	0.3691	0.3600
SEK		9.6597	9.6619	9.66080	0.3532	0.3714	0.3623
CAD	*	1.4049	1.4052	1.40505	0.0514	0.0540	0.0527
EUR	*	1.1452	1.1454	1.14530	29.7915	31.3246	30.5581
CNY		6.7599	6.7607	6.76030	0.2472	0.2599	0.2536
INR		95.6900	95.7000	95.69500	3.4990	3.6788	3.5889
NZD	*	0.5806	0.5809	0.58075	15.1038	15.8866	15.4952
DKK		6.5263	6.5273	6.52680	0.2386	0.2509	0.2448
XAU		4032.7500	4033.2600	4,033.00500	104908.7651	110302.4011	107605.5831
AFN		65.8300	66.0300	65.93000	2.4071	2.5382	2.4727
THB		33.5900	33.6000	33.59500	1.2282	1.2916	1.2599
ETB		159.9897	160.9897	160.48970	5.8501	6.1885	6.0193
SZL		16.6365	16.6635	16.65000	0.6083	0.6406	0.6245
MUR		47.0600	47.3600	47.21000	1.7208	1.8205	1.7707
MYR		4.0850	4.0930	4.08900	0.1494	0.1573	0.1534
LSL		16.6366	16.6629	16.64975	0.6083	0.6405	0.6244
CYP	*	0.3975	0.3980	0.39775	0.0145	0.0153	0.0149
EGP		50.6500	50.7500	50.70000	1.8520	1.9509	1.9015
BRL		5.1178	5.1179	5.11785	0.1871	0.1967	0.1919
TZS		2625.0000	2666.0000	2,645.50000	95.9844	102.4825	99.2335
RUB		80.0000	80.0200	80.01000	2.9252	3.0760	3.0006
KES		129.2000	129.6000	129.40000	4.7243	4.9819	4.8531
DEM		2.2150	2.2175	2.21625	0.0810	0.0852	0.0831
ESP		188.4300	188.6500	188.54000	6.8900	7.2518	7.0709
ITL		2192.8300	2195.3200	2,194.07500	80.1819	84.3893	82.2856
FRF		7.4287	7.4372	7.43295	0.2716	0.2859	0.2788
HKD		7.7495	7.8437	7.79660	0.2834	0.3015	0.2925
ARS		1495.0000	1496.0000	1,495.50000	54.6654	57.5071	56.0863
XAF		572.5500	572.6700	572.61000	20.9356	22.0137	21.4747