



Monday, 20 July 2026

CURRENCY	INDICES	BID	ASK	MID RATE	BID RATE ZWG	ASK RATE ZWG	MID RATE ZWG
INTERBANK RATE							
USD		1	1	1.0000	26.1183	27.4577	26.7880
ZAR		16.5205	16.5234	16.52195	0.6016	0.6326	0.6171
GBP	*	1.3465	1.3469	1.34670	35.1682	36.9827	36.0755
JPY		162.3400	162.3500	162.34500	5.9123	6.2159	6.0641
ZMW/ZMK		18.2000	18.2500	18.22500	0.6628	0.6987	0.6808
BWP		0.0697	0.0708	0.07025	1.8204	1.9440	1.8822
CHF		0.8071	0.8074	0.80725	32.3486	34.0201	33.1844
MWK		1717.0200	1750.3200	1,733.67000	62.5332	67.0150	64.7741
AUD	*	0.6992	0.6994	0.69930	18.2619	19.2039	18.7329
SDR	*	1.358900	1.358900	1.35890	36.4022	36.4022	36.4022
MZN/MET		63.2500	63.9500	63.60000	2.3035	2.4484	2.3760
NOK		9.6285	9.6439	9.63620	0.3506	0.3692	0.3599
SEK		9.6473	9.6506	9.64895	0.3513	0.3694	0.3604
CAD	*	1.4009	1.4011	1.40100	0.0510	0.0536	0.0523
EUR	*	1.1440	1.1442	1.14410	29.8793	31.4171	30.6482
CNY		6.7710	6.7720	6.77150	0.2465	0.2592	0.2529
INR		96.4525	96.4625	96.45750	3.5127	3.6932	3.6030
NZD	*	0.5852	0.5854	0.58530	15.2844	16.0737	15.6791
DKK		6.5337	6.5343	6.53400	0.2379	0.2501	0.2440
XAU		4012.2700	4012.7800	4,012.52500	104793.6715	110181.7094	107487.6905
AFN		65.7400	65.9400	65.84000	2.3942	2.5246	2.4594
THB		33.6500	33.6600	33.65500	1.2255	1.2887	1.2571
ETB		159.8050	160.8050	160.30500	5.8200	6.1567	5.9884
SZL		16.5200	16.5230	16.52150	0.6016	0.6326	0.6171
MUR		46.9800	47.2800	47.13000	1.7109	1.8102	1.7606
MYR		4.0880	4.0930	4.09050	0.1488	0.1567	0.1528
LSL		16.5200	16.5230	16.52150	0.6016	0.6326	0.6171
CYP	*	0.3975	0.3980	0.39775	0.0144	0.0152	0.0148
EGP		51.0700	51.1700	51.12000	1.8599	1.9591	1.9095
BRL		5.1108	5.1133	5.11205	0.1861	0.1957	0.1909
TZS		2610.0000	2650.0000	2,630.00000	95.0553	101.4614	98.2584
RUB		78.6000	78.6200	78.61000	2.8625	3.0101	2.9363
KES		129.1500	129.3500	129.25000	4.7035	4.9524	4.8280
DEM		2.2150	2.2175	2.21625	0.0806	0.0849	0.0828
ESP		188.4300	188.6500	188.54000	6.8625	7.2229	7.0427
ITL		2192.8300	2195.3200	2,194.07500	79.8621	84.0529	81.9575
FRF		7.4287	7.4372	7.43295	0.2705	0.2847	0.2776
HKD		7.7495	7.8403	7.79490	0.2822	0.3001	0.2912
ARS		1478.0000	1479.0000	1,478.50000	53.8282	56.6269	55.2276
XAF		573.3800	573.5400	573.46000	20.8823	21.9593	21.4208