



Thursday, 16 July 2026

CURRENCY	INDICES	BID	ASK	MID RATE	BID RATE ZWG	ASK RATE ZWG	MID RATE ZWG
INTERBANK RATE							
USD		1	1	1.0000	25.9469	27.2775	26.6122
ZAR		16.3124	16.3424	16.32740	0.5980	0.6298	0.6139
GBP	*	1.3539	1.3542	1.35405	35.1295	36.9392	36.0344
JPY		162.1100	162.1300	162.12000	5.9429	6.2485	6.0957
ZMW/ZMK		18.2000	18.2500	18.22500	0.6672	0.7033	0.6853
BWP		0.0697	0.0708	0.07025	1.8084	1.9312	1.8698
CHF		0.8057	0.8061	0.80590	32.1882	33.8556	33.0219
MWK		1717.0200	1750.3200	1,733.67000	62.9463	67.4577	65.2020
AUD	*	0.7000	0.7002	0.70010	18.1628	19.0997	18.6313
SDR	*	1.358200	1.358200	1.35820	36.1447	36.1447	36.1447
MZN/MET		63.2500	63.9500	63.60000	2.3187	2.4646	2.3917
NOK		9.6578	9.6732	9.66550	0.3540	0.3728	0.3634
SEK		9.5930	9.5953	9.59415	0.3516	0.3698	0.3607
CAD	*	1.4045	1.4049	1.40470	0.0514	0.0541	0.0528
EUR	*	1.1467	1.1469	1.14680	29.7533	31.2845	30.5189
CNY		6.7658	6.7665	6.76615	0.2480	0.2607	0.2544
INR		96.3125	96.3225	96.31750	3.5308	3.7122	3.6215
NZD	*	0.5852	0.5856	0.58540	15.1841	15.9737	15.5789
DKK		6.5175	6.5185	6.51800	0.2389	0.2512	0.2451
XAU		4028.8800	4029.3900	4,029.13500	104536.9896	109911.7724	107224.3810
AFN		65.8600	66.0600	65.96000	2.4144	2.5459	2.4802
THB		33.5500	33.5800	33.56500	1.2299	1.2941	1.2620
ETB		159.9945	160.9945	160.49450	5.8654	6.2047	6.0351
SZL		16.3128	16.3448	16.32880	0.5980	0.6299	0.6140
MUR		46.8800	47.1800	47.03000	1.7186	1.8183	1.7685
MYR		4.0700	4.0750	4.07250	0.1492	0.1570	0.1531
LSL		16.3265	16.3295	16.32800	0.5985	0.6293	0.6139
CYP	*	0.3975	0.3980	0.39775	0.0145	0.0153	0.0149
EGP		50.5300	50.6300	50.58000	1.8524	1.9512	1.9018
BRL		5.0784	5.0785	5.07845	0.1861	0.1957	0.1909
TZS		2610.0000	2650.0000	2,630.00000	95.6831	102.1316	98.9074
RUB		77.8000	77.8200	77.81000	2.8521	2.9992	2.9257
KES		129.2000	129.4000	129.30000	4.7365	4.9871	4.8618
DEM		2.2150	2.2175	2.21625	0.0812	0.0854	0.0833
ESP		188.4300	188.6500	188.54000	6.9078	7.2706	7.0892
ITL		2192.8300	2195.3200	2,194.07500	80.3896	84.6081	82.4989
FRF		7.4287	7.4372	7.43295	0.2723	0.2866	0.2795
HKD		7.7495	7.8382	7.79385	0.2840	0.3020	0.2930
ARS		1475.2500	1475.7500	1,475.50000	54.0829	56.8757	55.4793
XAF		571.8900	585.5600	578.72500	20.9656	22.5676	21.7666