



Tuesday, July 14, 2026

CURRENCY	INDICES	BID	ASK	MID RATE	BID RATE ZWG	ASK RATE ZWG	MID RATE ZWG
INTERBANK RATE							
USD		1	1	1.0000	26.1157	27.4549	26.7853
ZAR		16.4421	16.4496	16.44585	0.5988	0.6298	0.6143
GBP	*	1.3364	1.3368	1.33660	34.9009	36.7017	35.8013
JPY		162.2800	162.3000	162.29000	5.9107	6.2146	6.0627
ZMW/ZMK		18.0000	18.0500	18.02500	0.6556	0.6911	0.6734
BWP		0.0699	0.0780	0.07395	1.8254	2.1414	1.9834
CHF		0.8135	0.8138	0.81365	32.0910	33.7491	32.9201
MWK		1717.0200	1750.3200	1.733.67000	62.5395	67.0218	64.7807
AUD	*	0.6934	0.6936	0.69350	18.1086	19.0427	18.5757
SDR	*	1.359040	1.359040	1.35904	36.4022	36.4022	36.4022
MZN/MET		63.3000	64.5700	63.93500	2.3055	2.4724	2.3890
NOK		9.7610	9.7639	9.76245	0.3555	0.3738	0.3647
SEK		9.7004	9.7033	9.70185	0.3533	0.3715	0.3624
CAD	*	1.4130	1.4133	1.41315	0.0514	0.0541	0.0528
EUR	*	1.1393	1.1395	1.13940	29.7535	31.2848	30.5192
CNY		6.7790	6.7800	6.77950	0.2469	0.2596	0.2533
INR		96.1150	96.1250	96.12000	3.5008	3.6807	3.5908
NZD	*	0.5793	0.5795	0.57940	15.1288	15.9101	15.5195
DKK		6.5602	6.5612	6.56070	0.2389	0.2512	0.2451
XAU		4020.8400	4021.3500	4.021.09500	105006.9205	110405.8928	107706.4067
AFN		65.6600	65.8600	65.76000	2.3915	2.5218	2.4567
THB		33.5000	33.5200	33.51000	1.2201	1.2835	1.2518
ETB		159.1540	160.1540	159.65400	5.7969	6.1324	5.9647
SZL		16.4265	16.4502	16.43835	0.5983	0.6298	0.6141
MUR		47.1600	47.4600	47.31000	1.7177	1.8172	1.7675
MYR		4.0760	4.0800	4.07800	0.1484	0.1562	0.1523
LSL		16.4445	16.4475	16.44600	0.5989	0.6297	0.6143
CYP	*	0.3975	0.3980	0.39775	0.0144	0.0152	0.0148
EGP		50.1900	50.2900	50.24000	1.8280	1.9256	1.8768
BRL		5.1345	5.1346	5.13455	0.1870	0.1966	0.1918
TZS		2620.0000	2650.0000	2.635.00000	95.4291	101.4716	98.4504
RUB		76.9000	76.9200	76.91000	2.8009	2.9453	2.8731
KES		129.1500	129.3500	129.25000	4.7040	4.9529	4.8285
DEM		2.2150	2.2175	2.21625	0.0806	0.0849	0.0828
ESP		188.4300	188.6500	188.54000	6.8632	7.2236	7.0434
ITL		2192.8300	2195.3200	2,194.07500	79.8701	84.0614	81.9658
FRF		7.4287	7.4372	7.43295	0.2705	0.2847	0.2776
HKD		7.7495	7.8386	7.79405	0.2822	0.3001	0.2912
ARS		1482.0000	1484.0000	1,483.00000	53.9793	56.8241	55.4017
XAF		575.6500	585.5600	580.60500	20.9670	22.4217	21.6944