



Thursday, January 29, 2026

CURRENCY	INDICES	BID	ASK	MID RATE	BID RATE ZWG	ASK RATE ZWG	MID RATE ZWG
INTERBANK RATE							
USD		1	1	1.0000	24.9478	26.2272	25.5875
ZAR		15.6412	15.6484	15.6480	0.5963	0.6272	0.6118
GBP	*	1.3836	1.3841	1.38385	34.5177	36.3010	35.4094
JPY		153.0600	153.0700	153.06500	5.8359	6.1356	5.9858
ZMW/ZMK		19.9000	19.9500	19.92500	0.7587	0.7996	0.7792
BWP		0.0728	0.0738	0.07330	1.8161	1.9355	1.8758
CHF		0.7656	0.7657	0.76565	32.5816	34.2570	33.4193
MWK		1717.0200	1750.3200	1.733.67000	65.4671	70.1592	67.8132
AUD	*	0.7087	0.7089	0.70880	17.6805	18.5924	18.1365
SDR	*	1.383360	1.383360	1.38336	35.3967	35.3967	35.3967
MZN/MET		63.2600	63.9600	63.61000	2.4119	2.5637	2.4878
NOK		9.5390	9.5435	9.54125	0.3637	0.3825	0.3731
SEK		8.7931	8.7967	8.79490	0.3352	0.3526	0.3439
CAD	*	1.3521	1.3522	1.35215	0.0515	0.0542	0.0529
EUR	*	1.1985	1.1986	1.19855	29.8999	31.4359	30.6679
CNY		6.9467	6.9475	6.94710	0.2648	0.2784	0.2716
INR		91.9675	91.9775	91.97250	3.5065	3.6867	3.5966
NZD	*	0.6087	0.6091	0.60890	15.1857	15.9749	15.5803
DKK		6.2297	6.2301	6.22990	0.2375	0.2497	0.2436
XAU		5550.7300	5551.2400	5.550.98500	138478.5018	145593.4817	142035.9918
AFN		65.4300	65.6300	65.53000	2.4947	2.6306	2.5627
THB		31.0700	31.0800	31.07500	1.1846	1.2458	1.2152
ETB		155.0611	156.0611	155.56110	5.9122	6.2555	6.0839
SZL		15.6211	15.6535	15.63730	0.5956	0.6274	0.6115
MUR		45.0000	45.3000	45.15000	1.7157	1.8157	1.7657
MYR		3.9300	3.9360	3.93300	0.1498	0.1577	0.1538
LSL		15.6442	15.6472	15.64570	0.5964	0.6271	0.6118
CYP	*	0.3975	0.3980	0.39775	0.0151	0.0159	0.0155
EGP		46.8700	46.9050	46.88750	1.7870	1.8801	1.8336
BRL		5.1969	5.1979	5.19740	0.1981	0.2083	0.2032
TZS		2515.0000	2565.0000	2,540.00000	95.8928	102.8146	99.3537
RUB		76.3000	76.3200	76.31000	2.9091	3.0591	2.9841
KES		128.8500	129.1500	129.00000	4.9128	5.1768	5.0448
DEM		2.2150	2.2175	2.21625	0.0844	0.0888	0.0866
ESP		188.4300	188.6500	188.54000	7.1845	7.5617	7.3731
ITL		2192.8300	2195.3200	2,194.07500	83.6090	87.9965	85.8028
FRF		7.4287	7.4372	7.43295	0.2832	0.2981	0.2907
HKD		7.7495	7.8023	7.77590	0.2954	0.3127	0.3041
ARS		1444.0000	1445.0000	1,444.50000	55.0573	57.9209	56.4891
XAF		547.2700	585.5600	566.41500	20.8665	23.4714	22.1690